

Taking a Skills Inventory

Many everyday skills are TRANSFERABLE skills.

The set of skills used to operate a microwave or a DVD player can be equally applied in a commercial kitchen, or an assembly line, or to program a machine or any number of other technical applications.

Let's try breaking down some everyday activities into their TRANSFERABLE skill sets.

	<p>EXAMPLE</p> <p>If you can BAKE you can:</p> <ul style="list-style-type: none"> • Follow a set of instructions • Use dials to operate machines • Understand Health and Safety • Understand order and sequence • Use a timer/ read the time
	<p>If you can use a MOBILE PHONE you can:</p>
	<p>If you can PLAY GAMEBOY you can:</p>
	<p>If you can RIDE a BIKE you can:</p>
	<p>If you can WORK in the GARDEN you can:</p>